

Meek mothers submit themselves to God and follow his directions.

Meek mothers bear provocation without being inflamed by it.

Meek mothers guard their tongues.

Meek mothers can show displeasure when appropriate without falling into sin.

Meek mothers can be cool when others are hot.

Meek mothers use patience to keep possession of their soul, even when they can scarcely keep possession of anything else.

Meek mothers are rarely and hardly provoked.

Meek mothers are quickly and easily pacified.

Meek mothers would rather forgive 20 times than revenge once.

Meek mothers have rule over their own spirits.